



For the past 17 years Louise has been a Pediatric ER nurse at Cohen Children's Medical Center, a Level 1 Trauma Center on Long Island NY. She holds a CPEN certification and is an active member of ENA, both at the local and state level. She started her 26-year career as a nurse following her mother, who was a nurse midwife.

In the past, Louise has worked in adult Med-Surg and Cardiac Step-down units. She also teaches ACLS, PALS, BLS, and TNCC. She has been a Clinical Resource Nurse and was a clinical adjunct professor for New York University. She became an EMT during her first semester at nursing school and has been volunteering as a Critical Care Emergency Medical Technician for 30 years in her hometown fire department's EMS company. She served as Captain and is currently a company board member as well as being the fire department's Safety and Infection Control Officer.

## **Louise McEvoy, RN, MSN, CPEN EMT-CC**

### **Adolescent Trauma**

#### **Learning Objectives -**

- 1- Develop an awareness of the dangers and risks of social media trends such as subway surfing and tick-tock challenges and the physical injuries than result from these activities
- 2- Discuss the prevalence of gun violence in the USA and its effects on adolescents, including the physical consequences, the emotional trauma and the long-term impact on mental health.
- 3-Identify the psychological impacts of trauma on teens mental health including PTSD, anxiety and depression
- 4-Describe the prevention and intervention strategies available

#### **References :**

<https://www.curbed.com/2023/08/subway-surfing-teenagers-social-media-quitting-mta.html>

<https://www.npr.org/2023/08/17/1194223893/subway-surfing-deaths-new-york-city-teens-social-media>

<https://designforchangerecovery.com/blog/social-media-chroming-challenge-heres-what-parents-need-to-know/>

<https://www.npr.org/sections/health-shots/2023/08/25/1195680218/social-media-fuels-teen-gun-violence> •

<https://ww2.nycourts.gov/erpo>